



SANBORN REGIONAL MIDDLE SCHOOL

# Weekly Newsletter

*A newsletter that promotes our core values of  
Self Directed, Perseverance, Inspiration, Responsibility,  
Independence, and Tolerance*

August 27, 2023

## Sanborn Regional Middle School

17 Danville Road, Kingston, New Hampshire 03848

(603) 382-6226

[www.sau17.net](http://www.sau17.net)



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2023-24 SRSD Calendar

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SRMS Athletic Update

SRMS Bus Routes

Grading & Reporting Manual

Student Handbook

### Dear Students and Families,

The first day of school has arrived! We look forward to seeing the middle school students bright and early tomorrow morning. Please note that Salter Transportation made some adjustments to the bus routes. The revised bus routes can be found at the link above or on page 3 below. For families dropping off their student(s), please see the Morning Drop Off information on page 3 below. Since the school opens at 6:55am, students should not be dropped off before that time. If you missed our recent newsletters, additional back to school information can be found on pages 3 & 4 below.



As we start a new school year, please know that each day at SRMS begins in the cafeteria, which provides students with an opportunity to get something for breakfast. For students who take the school bus to school, the buses drop off in front of the SRMS/HS and the middle school students proceed in the front doors and directly into the cafeteria. For students who are dropped off by their parents/guardians, they enter the cafeteria directly

from the back entrance. Each morning during student arrival, Principal Malila and Assistant Principal Trafton are present to greet the students as they are dropped off or enter the building. For the first day of school, we will all proceed together from the cafeteria and into the auditorium for an all school meeting, which will include staff introductions and other information about the start of school.

***Back to School Folder*** - On the first day of school, your student will receive a folder containing a lot of information from the school/district, including some forms that need to be completed and returned. The information and forms that will be included in the folder are: a letter from the Superintendent; a letter from SRMS administration; SRSD Chromebook User Agreement (must be signed and returned to school); SRSD Chromebook Care & Use Guide; Free & Reduced Meals Application; SRSD School Academic Calendar; a Lifetouch School Picture Order Form; and a Fresh Picks Cafe letter about our food service program.

### ***Fall Athletics***

The middle school fall sports season begins on the second day of school, Tuesday, August 29th. SRMS offers the following athletic options: cheerleading (coed), cross country (boys & girls), field hockey (girls), and soccer (boys & girls). Students who have signed up to participate, should come to school prepared to practice on the 2nd day of school with all necessary gear and equipment.

For more information about athletics at SRMS, including information on physical exams, ***how to register your child***, game & practice schedules, and more, please click the link below.

[Click Here For Information About  
Fall Athletics at SRMS](#)

**Open House at SRMS** - On Tuesday, September 12th from 4:30-5:30, SRMS invites all families to stop by for an Open House. Please know that there is no formal schedule for the open house, but families can stop by at their convenience to see the school and meet the staff.

**SRMS Boosters Meeting** - The next middle school Boosters meeting is Tuesday, September 5th at 6:30 in the SRMS/HS library. All parents/guardians and staff are welcome to attend.

Please note, if you are not receiving emails from the school or district, please check your spam folders before notifying us as they may be going there. You are also encouraged to visit our school website and middle school Facebook page, which are linked above and are continually updated with school and district information.

We are looking forward to a great year at Sanborn!

Matthew Malila      Jay Trafton

SRMS Principal      SRMS Assistant Principal

# Back To School Information

## Back To School Forms For New & Returning Students

For all returning students, parents/guardians must complete back to school forms by logging into their Alma account (see link below). For any student new to the Sanborn Regional School District, parents/guardians must register their student (see link below).

[Click Here For Returning Student  
Alma Parent Portal](#)

[Click Here For New Student  
Registration Information](#)

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## Bus Routes

For all Kingston and Newton AM and PM bus routes, please click the link below. Links to the bus routes are on our website and provided on the first page of the newsletter.

[Click Here for Kingston and  
Newton Bus Routes](#)

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## Morning Drop Off & Pick Up

For families who drop off their students in the morning or pick them up in the afternoon, the traffic patterns/routes will be the same as last year (click link below to review the morning student drop off route). For families who drop their student(s) off in the morning, please note the school opens at 6:55am, so students should not be dropped off prior to that time.

[Click Here Morning Student Drop  
Off Route](#)

For *student pick up at dismissal*, the middle school dismisses students a few minutes before the high school at 2:07. Parents/guardians picking up their child at dismissal should park in available parking spots in front of the middle school as your child will exit the main entrance of the middle school. If you have any questions about pick up or drop off procedures, please contact the main office.

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## **Student Schedules & Bell Schedule**

On August 1st, we sent an email to families indicating that there were errors in the student schedules in Alma and that our school counselors were working on making the corrections. The student schedules now appear to be correct. At your convenience, please log on to Alma with your child and review their schedule.

As is often the case, we make revisions to our master schedule from year to year. Here are some of the changes for 2023-24: (1) Recess is now being called FLEX, which is more appropriate because this period will also be used for advisory or other school activities; (2) Intervention is now being called WINN (What I Need Now), which is more appropriate because this period is used for a wide variety of purposes from extra help and reteaching to enrichment to sectionals for band students and more.

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## **School Pictures**

School Picture Day is on Wednesday, September 6th. There will be a picture make up/retake day on October 19th. For more information about school pictures, please click the link below.

[Click Here for Information about  
School Pictures](#)

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# A Message From School Counseling

## *Starting the New Year With Old Routines!*

Welcome back students, staff, and parents to the start of another year full of potential. I am excited to begin my 3rd year working with the talented Sanborn Team, as well as new and returning students and their families!

I was recently talking to a few of my neighbors who are preparing to send their children off to school. They asked me about how I was preparing for the new school year...and my answers were not that different from the advice I give to kids of any age, and even the faculty! Here are my tips to brush off the summer vibes, and prepare for the months ahead:

1. Start the conversation NOW! Even if it has been circled on the calendar for months, the first day of school can surprise us! Start brainstorming things like food choices, wake-up times and transportation options ahead of the first week.
2. Make a trip to the store or go online together to get the back-to school-basics. This can be a fun way to build positivity and a fresh start.
3. Take advantage of any orientation opportunities, and new year events. Check the website and newsletter for upcoming chances to see the school or meet faculty. If you feel like the transition may be difficult, reach out and see what the school can do to make the start of the new year more comfortable!
4. Get your child back on an early-to-bed schedule well before school starts. Most of us began staying up late in the summer months. Getting kids back on schedule so they're sound asleep by 9pm-ish, so they can wake by themselves at 6am-ish for a week before school starts, takes some getting used to, but makes a huge difference in their readiness for learning.
5. Read their attitude. Back-to-school will always be accompanied by a certain amount of nervous excitement or anxiety, but we can minimize fears, apathy or unknowns by being positive about school, listening to our students and working out solutions.

I know that the Sanborn School community is excited about this upcoming school year! We have been busy preparing for your children, with a primary focus on safety, belonging and learning, and hope they are ready for a great year of joy and learning. Please let us know what we can do to get the year started right!

Together we will ensure that all of our students succeed and have a great 2023-2024 school year.

Mr. Parker



## A Message from SoRock: WELCOME BACK SANBORN!

SoRock is a community coalition focused on mental health and substance misuse prevention across the lifespan. We carry out our mission by leveraging resources from the local, state and federal level to coordinate and support education, programming and resources for the towns we serve.

[101 back-to-school tips for parents and kids](#)  
[Back to School Tips for Parents](#)

**SoRock is planning lots of great things for the community in 2023/2024!**

**Free Upcoming Community Offerings Coming Soon (Dates TBD)**  
**Make sure you follow SoRock NH on social media to stay informed!**

[SCREENAGERS NEXT CHAPTER: MENTAL HEALTH IN THE DIGITAL AGE](#)

[SCREENAGERS UNDER THE INFLUENCE: VAPING DRUGS & ALCOHOL IN THE DIGITAL AGE](#)

[STAYING CONNECTED WITH YOUR TEEN PARENT WORKSHOPS](#)

Follow [@sorocknh](#) on FB to stay informed. If you have questions in the meantime visit [sorocknh.org](#), [drugfreenh.org](#) or reach out to me at [sorocknhcc@gmail.com](mailto:sorocknhcc@gmail.com) We want to hear from you, how can we help?

The SoRock community needs assessment survey results identified mental health and substance use as the top community concerns in 2021-2022. [Take the 2022-2023 survey here!](#)

*Attention Boosters/PTA/PTO and other parent or community/civic groups. SoRock wants to talk with you!* We would love to attend your meeting to tell you a little more about us, discuss parenting for prevention and find out how we can support you in the community! Please send an email to [sorocknhcc@gmail.com](mailto:sorocknhcc@gmail.com) to set something up.

If you or someone you care about is having a mental health crisis, contact the [NH Rapid Response Access Point](#) for over the phone support with referrals to outpatient services, or to have a Mobile Crisis Response Team (MCRT) come to you. [The new 988 Crisis Hotline became active JULY 16th.](#)

**Remember, we are here for all ages. Supporting the wellness of the community across the lifespan is the only way to ensure healthy youth!**

**SoRock always has FREE resources for the community. Locking medication boxes, Rx disposal pouches, keyed firearm trigger locks, Overdose prevention kits including Narcan & Fentanyl test strips. Parent and relative caregiver resources/prevention power packets.**

Would you like to know more about SoRock, how we operate and what we do?  
Email Charlotte Scott, Program Director [sorocknhcc@gmail.com](mailto:sorocknhcc@gmail.com) or call 603-642-3341 x 1235

# SANBORN YOUTH SOCCER

**Registration is now open for the Fall Season!**

Welcoming families of Kingston, Newton, and surrounding communities!

Sanborn Youth Soccer is a co-ed soccer program for kids aged 4 through grade 8. Games are played on Sundays at Chase Field in Kingston.

The Season will run from September 10<sup>th</sup> – October 29<sup>th</sup>.

With Practices on Saturday mornings

(There will be no game/practice Columbus Day weekend)

There are two sessions available :

**Session 1 – 12:30m-1:00pm for age 4/5 and grades 3-8**

**Session 2 – 2:00pm – 3:00pm for age 4/5 and grades 1-2**

To register your child please visit [www.sanbornyouthsoccer.org](http://www.sanbornyouthsoccer.org)

Any parent/guardian who chooses to volunteer to coach a team will have the fee waived for one child.



Any questions can be directed to President, Lindsay MacDonald at [sanbornyouthsoccer@gmail.com](mailto:sanbornyouthsoccer@gmail.com)

# Technology Fun Night - CLIV

## Friday, September 15, 2023

### 6:00 PM – 8:00PM

Place: Seacoast School of Technology  
Who: Grade 5 – 9 students

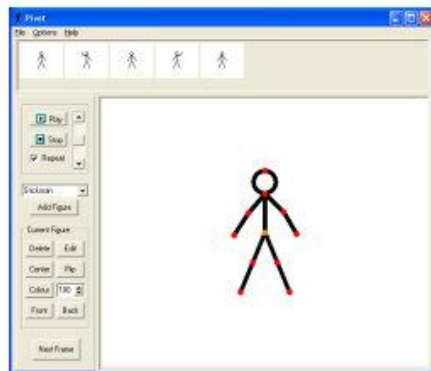
Cost: Voluntary donation of 3 cans of food for local food bank per person.  
If you would like to **bring more cans**, all donations will **gladly be accepted**.

Why: This school year, the Seacoast School of Technology is offering a series of events for students to show just how much fun learning about technology can be.

How to sign up:

Register online @ <https://sst.sau16.org/en-US/technology-fun-nights-f4734f0b>.  
Registration opens 8 AM on Tuesday, August 29, 2023. Registration deadline is September 14, 2023. Limited to 25 students on a first come first served basis.

This month we will be learning about Stick Figure Animation and Creating 3D Creatures (Zooks) with Bamzooki. There will be door prizes.



Any questions, contact Mr. Messa at [nmessa@sau16.org](mailto:nmessa@sau16.org) or 775.8623

**Come join in the fun!!!!**